

NASHOBA REGIONAL SCHOOL DISTRICT

FY 10 Budget Presentation Health Services

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▣ Year in review accomplishments:

- Awarded \$95,000/year Essential School Health Services competitive grant for FY 09 – FY 13
- All school nurses participated in year long Utilization CQI project

Highlights

1. 88% of all students seen by the school nurse were returned to class
 2. 62% of all NRSD students accessed the Health Office at least once during the school year
 3. 16,879 unique health office visits district wide
- School nurses coordinated the Mobile Smile Dental program, providing low cost or free dental services for elementary students
 - Through efforts of the school nurse, Mary Rowlandson 3rd grade selected to participate in Fallon's "Commit to Be Fit" pilot program
 - School nurses authored 1, and reviewed, edited and submitted 8 school health related polices for School Committee approval
 - High school nurses invited to participate in a UMASS research project: "Evaluation of a School Nurse Delivered Intervention for Overweight and Obese Adolescents"
 - School nurses trained over 200 NRSD students and staff in CPR and/or First Aid

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District Health Services Improvement Plan

▣ Goals

- ▣ Body Mass Index (BMI) education/notification (in anticipation of new MGL)
- ▣ District wide Client Satisfaction Survey (results to be presented at School Committee)
- ▣ Increase the visibility of the School Health Advisory Council through NRSD staff participation, parent involvement, professional development and community events.
- ▣ Review NRSD Health and Wellness Protocol for updates or changes needed to reflect current standards of practice and changes in MGL.

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District Health Services Improvement Plan, cont.

- Goals
 - Provide school nurses access to professional development opportunities that address the mental health issues facing the youth in our district. Coordinate curriculum and programs with guidance counselors, interventionists, and health/PE teachers that support these efforts.
 - Present the results of the NRSD 2009 Youth Risk Behavior Survey to students, staff, School Committee and the communities of Bolton, Lancaster and Stow. Utilize these results to inform the direction of the district wide comprehensive health curriculum.

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- ▣ FTE Changes

No requested FTE changes for Health Services

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- ▣ Level funding of this year's Health Services budget, with support from the Essential School Health Services grant, will ensure that the students of Nashoba Regional School District continue to receive high quality health care. This level of health services facilitates the well being of our students and supports our mission to educate all students to their fullest potential.